

Scartho Medical Centre Winter Newsletter 2017

Clinical Pharmacists in General Practice Pilot

In 2016, we recruited a Clinical Pharmacist into our team extending the clinical expertise in the practice. This project is being supported by the NHS.

NHS England, Health Education England, RCGP and the BMAs GP Committee are working with the Royal Pharmaceutical Society on a three year pilot to test the role of clinical pharmacists working in general practice.

Clinical pharmacists work as part of the general practice team to resolve day-to-day medicine issues and consult with and treat patients directly. This includes providing extra help to manage long-term conditions, advice for those on multiple medications and better access to health checks.

They will use their skills to help people manage minor illnesses, get the most benefit from their

Your Appointment

Your appointment is a dedicated appointment for you to discuss your health concerns. Appointments with a GP are 10 minutes long, if you feel that 10 minutes is not long enough please ask the receptionist to book a longer appointment for you. This is important if you have more than one health complaint or a complex health concern. This way the GP can assure you of their full attention without being concerned about time constraints.

medicines and effectively manage their long-term conditions.

Having a clinical pharmacist in GP practices means GPs can focus their skills where they are most needed, for example on diagnosing and treating patients with complex conditions. This will help GPs manage the demands on their time.

We are delighted to be taking part in this pilot and if you haven't already met or seen him about, David, our clinical pharmacist is now in post.

David Martin Clinical Pharmacist MPharm MRPharmS



Online Services

Did you know that you can take greater control of your health and wellbeing by having access to online services?

Make appointments online, view your summary health records and order your repeats prescriptions online 24 hours a day - 7 days a week. To register for online services, please contact the reception team for a registration form.

For more information please visit our website:

http://

www.scarthomedicalcentre.nhs.uk/ website/B81030/files/po-patientleaflet.pdf To book an appointment call: 01472 279500

Did you know?

Dr Amith Paul recently saw Mrs Lord. During the consultation, she informed him that neither herself or her family ever request paracetamol on prescription. The article below makes interesting reading:



Need short term pain relief?

You can buy paracetamol from a pharmacy or supermarket, please don't request them on prescription'. We spent £800,000 on prescribed paracetamol in 2015. This is the equivalent of:







drug treatment hip replacements cures for breast

949



A box of 32 paracetamol tablets on prescription costs the NHS four times as much as it does to buy them fror a pharmacy or supermarket.

drug treatment cataract courses for operations

tions *approximately

You can now follow us on Facebook and Twitter:



facebook.com/ScarthoMedical



@Scarthomedical







Patient Participation Group—Now Recruiting!

Our Patient Participation Group (PPG) options available in the form of Armchair Membership – minutes are very keen to welcome new virtual and armchair membership: and any other relevant informembers to the group.

If you would like to be involved in help- **Physical Membership** – these ing to improve patient care and ser- members attend regular monthly vices, then the PPG are eager to hear meetings (or bi-monthly, as from you!

Our group meets monthly, and all the main business of the PPG. patients are welcome to apply to join Virtual Membership – minutes of the PPG, although we have limited physical membership places available.

the PPG but cannot attend the views or comments by email to the meetings we have other membership surgery or PPG Chairperson.

determined by the PPG) and review Please contact us by phone or

meetings plus any other relevant information will be sent to mem-If you would like to get involved with bers who will then feed back any mation will be sent either via email or paper copy (patient has the choice) with no requirement to feedback.

email to request an expression of

interest form to join our pro-active and exciting PPG!



Flu Jabs are still available



With winter already upon us, it is important that you look after your winter health. This is especially important for those of you who have a long term health complaint, which may mean you are more susceptible to complications from the flu virus. Patients who are eligible for a free flu jab are those who:

- Have a long term chronic disease, such as asthma, COPD, heart disease etc
- **Pregnant women**
- Aged 65 and over
- Are the main carer for an elderly or disabled person

For a full list of eligibility see the posters displayed in the surgery or visit:

www.nhs.uk

The Scartho Medical Centre team were proud to be invited to be guest speakers at 2 events in January, to talk about their work with the Down's Syndrome Association's Workfit Programme. The team presented at the "This Ability" conference in Cleethorpes hosted by Martin Vickers MP and the DSA Workfit conference held in Wakefield. Due to the work the practice has undertaken, we are applying for our Disability Positive accreditation with the Department of Work and Pensions. We would like to congratulate Annie and the team for their fantastic speeches promoting disability positive in the workplace and for sharing their stories. Well done team!





For more information on DSA Workfit, and the inspiring work they do, please visit: www.dsworkfit.org.uk





